



Schools Counselling Partnership

Supporting children, families and schools

The Schools Counselling Partnership is working to improve the emotional wellbeing of children, parents and staff by working with the whole school community.

Sometimes we could all do with someone to talk to. Araminta, our Therapeutic Lead in school C is going to support your child(ren), from October 2nd. She will also be available for parents and our staff from early next term, so do look out for more information on that start date.



- **CHILDREN**

The SPACE: Every Wednesday, Araminta will offer a lunchtime drop-in for children who want to talk about any feelings or worries they may be struggling with. The SPACE is a safe, confidential space where children can feel listened to in order to feel better or to better understand their emotions. If you would not like your child to use this service, please notify the school.

- **PARENTS**

Araminta will be offering a safe and confidential place to help if you are concerned about your child or if you would like to talk about any other worries that are affecting you or your family.

Araminta will also offer consultancy and workshops to parents and teachers, helping them to better understand the emotional needs of children. She will offer support by providing information about children's emotional development and practical suggestions about how parents and teachers could support children and themselves emotionally.